

## SERMON NOTES

Title: *Good Memories and Bad*

Text: Romans 1:2

Topic: Emotional Healing

Teacher: Pastor Barry

Time: 5/24/26

File Under: Christian Living



There are things that we should remember and other things that are

\_\_\_\_\_.

Memorial Day is a means by which very important memories and lessons are

\_\_\_\_\_.

In the Old Testament God instituted holy days that were a means by which memories were \_\_\_\_\_; examples: *Day of Atonement, Harvest Festivals, Passover*

While some things are hard to remember others are very, very hard to

\_\_\_\_\_.

Somewhere between our sins, and our sicknesses, lies an area scripture calls

\_\_\_\_\_.

Deep wounds/scars are often not touched by ordinary \_\_\_\_\_, or the ordinary benefits of \_\_\_\_\_ alone.

Being “*Born Again*”, and “*filled with the Spirit*” does not automatically remove \_\_\_\_\_.

This is necessary to understand this for two reasons:

1. So that we can compassionately \_\_\_\_\_ and allow the \_\_\_\_\_ to heal our hurts and confusion.
2. So that we do not judge other people too harshly but instead have patience with their sometimes \_\_\_\_\_.

*Shall we continue in sin, that grace may abound? God forbid! Romans 6: 1*

The response of well-meaning Christians is often a \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

Ways painful memories manifest themselves:

1. \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_.
4. \_\_\_\_\_.