

SERMON NOTES

**Title: Tis the Season to be
Jolly...Lonely**

Text: Ps. 142 & I Sam. 22

Topic: Loneliness / Depression

Teacher: Dr. Barry D. Lovett

Time: 12/10/23

File Under: Christian Living



Psalm 142 are the words of a _____ person too who cries out for _____.

David is in the cave of _____. He is being pursued by Saul. He finds this place of refuge but his circumstances do not give him much _____.

David feels...

_____. (vs 3)

"My spirit is over-whelmed within me." Literally that phrase means, *his spirit is _____ down upon him.*

_____. (vs 4)

Look to my right and see; no one is concerned for me. I have no refuge; no one cares for my life.

_____. (vs 6)

"I am brought very low.". Literally this phrase means, *"to go into a valley"*.

_____. (vs. 6b)

"For they are too strong for me." David sees no hope of his situation _____. *"I am imprisoned."*

There's gloom and doom but there's good news here too.

David _____ his feelings.

It's alright to _____ God how you feel.

Start from _____ are and God can take you to where you _____.

David _____ the situation.

He painted God a picture but he keeps it in _____.

David _____ that God already knows it.

"He knoweth the way that I take." (Job 23:10) *"The steps of a good man are ordered by the Lord"* Psalm 27:37

David _____ God is our provider (El Shaddai) (vs. 5)

"You are my refuge, my portion in the land of the living."

He still sees his problem but he also sees _____ and realizes all that he has in Him.

David _____ his victory. (Vs 7b)

Then the righteous will gather about me because of your goodness to me. "God is going to deal bountifully with me"