

SERMON NOTES

Series: Joy No Matter What

Title: Happy Is as Happy Does

Text: Philippians 3:1-21

Topic: The Habits of Happiness

Teacher: Pastor Barry

Time: 8/13/23 File Under: Expository



In this passage we find another five habits, that if we will do these, every day, they will lead to happiness.

1. _____ in God's grace.

Don't try to _____ God's love. The Bible is all about what God _____ for you, not what _____ for God.

"We Christians glory in what Jesus has done for us and we realize that we are helpless to save ourselves." Philippians 3:3

"_____" is trusting in what I do for God instead of what Jesus did for me.

"Before I became a Christian, I was a legalist. I was trying to earn heaven through rituals, through my race, through religion, through rules, through reputation. It wasn't working. If anyone was a legalist I was. In legalistic righteousness, I was faultless." (3-6)

"I no longer count on my own goodness, and I no longer count on my own ability to obey God's law. Instead, I trust Christ to save me, for God's way of making us right with himself is through faith." (9)

2. Remember what _____. We are easily distracted by what's _____ in life. It's

usually the _____ that cause you to lose your happiness.

If your _____ haven't changed, _____ haven't been changed.

How much of what I'm worrying about right now is even going to matter tomorrow?

"Yes, everything else is worthless when compared to the priceless gain of knowing Christ Jesus my Lord." "I have discarded everything else, counting it all as garbage, so that I may have Christ and become one with him." (8)

"He is no fool who gives what he cannot keep to gain what he cannot lose."

3. Get to know _____.

We were made to live in _____ to God.

"I want to know Christ and the power of his resurrection and the fellowship of sharing in his suffering, becoming like him in his death so that somehow I may be raised to life." (10)

I know my wife and kids because I _____ with them.

"For my determined purpose is that I may know Christ – that I may progressively become more deeply and intimately acquainted with Him, perceiving and recognizing and understanding Him more strongly and more clearly..." (AV)

_____ is the trap that keeps us from developing important relationships.

"Be still and Know that I am God." Psalm 46:10