

# Our Community of Faith in Worship

July 23, 2023

- Please sign the attendance registration, fold and tear along dotted lines and drop in the offering receptacles.

- If you must exit the sanctuary at any time during the service please do so through the double doors to the rear

## Please silence your cell phones

Prelude

\* Call to Worship

\*Hymn: #404 "I Have A Song That Jesus Gave Me" (v. 1 & 2)

\*Worship Choruses and Praise Songs

Special Music

Welcome

**Message: Joy No Matter What: Good "Happy Heart" Health (2)**  
**Pastor Barry Lovett**

\*Hymn: #397 "Like A River Glorious" (v. 1)

The Congregation Praying

Announcements

Benediction

Postlude

\* Please Stand if Able.

## Prayer Requests

### Submitted This Past Week

Pray for Crystal's nephew Ryan, who was taken by ambulance to ER for a high fever. Remember Ruth Chong and Gary's brother Bryan, who are recovering from Covid. Pray for Pastor Barry & Jody's safe return to FBC. Continue to pray for Abayo's mother Stella, who was rushed to the emergency in Nigeria for urinary blockage and high blood pressure. Pray for Carol S., whose husband Adam passed away 6 weeks ago. She had a stroke and is recovering at Kaiser. Lift up the FBC Men's Bible Study that each person finds their joy in Jesus. Our God always provides. Thank you God for our growing congregation. Pray for a buyer for the car FBC is selling will step forward soon. Bless the Osterbrock Family as they return to Ohio after serving in Malaysia. Prayers of gratitude and for continued good health for Sandra's mother. Her birthday is July 18th. She turns 94 years old.

### Submitted The Week Before

Praise God for providing for Sandra and Tony. Pray for Aunty Sue's health. Pray that God encourages and helps Ryan care for Aunty Sue. Lift up Tony's friend, Craig, on the mainland, who has severe kidney disease. Thank you, Lord, for Claire reciting a chapter from Hebrews. Pray for healing for Cesilia, who was burned on 70% of her body. She is deaf. Pray that her vision is intact to understand and communicate. Pray for the healing of Jane's liver disease and for her dog. Pray that kidnapped children will be rescued from traffickers.

**For a Complete, Ongoing List of Prayer Requests, See Our Website.**

**Kudos, Mahalo nui loa!** Thank you everyone for making the Osterbrocks and our other guest speakers feel welcome. A special mahalo to all who cooked and served the lunch last Sunday.

**Pau Hana Picnic Friday** If you know you will be going to Friday's picnic, please sign up on the clipboard on the information table at the Kinau gate. If you have not decided yet, you are still welcome to come and bring something for the potluck at Queen's Beach. Mahalo!



## First Sunday Food & Fellowship

Enjoy a bento & fellowship after worship every 1<sup>st</sup> Sunday. Place your order in the Courtyard on the Sunday before with Connie Ma Ng or phone the Church office by 11:30 am on the Wednesday before. The next first Sunday is August 6th.



Suggested Donation \$6



5:30 pm  
1st  
Tuesday  
monthly

**Help keep our neighborhood safe & clean**