SERMON NOTES Series: Joy No Matter What Title: Don't Worry Be Happy Text: Philippians 1:12-18 Topic: How to Win Over Worry Teacher: Pastor Barry Time: 5/7/23. File Under: Expository



Four common barriers to happiness.

PAIN PEOPLE PRESSURE PROBLEMS

Key Verse: *"Whatever happens, conduct yourself in a manner worthy of the Good News of Christ."* Philippians 1:27

Paul shows us how to win over worry by modeling four habits.

1. LOOK AT EVERY PROBLEM FROM GOD'S VIEWPOINT.

God can even take the seemingly **bad things** that happen and use them in His plan.

"I want you to know, dear brothers and sisters, that everything that has happened to me has helped spread the Good News." (12)

When you face your problem in faith, two things will happen: First, it will be a witness to unbelievers.

"For everyone here, including all the soldiers in the palace guard, knows that I'm in chains because of Christ." (13)

Second, it's an encouragement to believers.

"And because of my imprisonment, many of the Christians here have gained confidence and they've become more bold in telling others about Christ." (14)

2. DON'T LET OTHERS CONTROL YOUR ATTITUDE.

Paul talks about four kinds of people: Critics. "It is true that some preach Christ because they are jealous and quarrelsome." (15) Comrades. "Others preach Christ from genuine good will. They do so out of love, and they know that God's given me the work of defending the gospel." (16) Competitors. who are preaching Christ out of rivalry and competition. "Others preach Christ insincerely from a spirit of selfish ambition." (17) Conspirators...those who are conspiring to make my problems worse.

"...it doesn't really matter. The important thing is that in every way, whether for right or wrong reasons, the message of Christ is being shared. So I am happy, and I will continue to be happy." (18)