

SERMON NOTES

Series: Building Upon the Firm

Foundation of God's Word

Title: By Doing What It Says (II)

Text: Psalm 119:20

Topic: Integrating God's Word into
Our Daily Lives

Teacher: Pastor Barry

Time: 9/18/22. File Under: Christian Living



"What I want most of all and at all times is to honor your laws." Psalm 119:20 (CEV)

How do I integrate the Bible into every area of my life?

1. **BUILD ON IT.**
2. **FEED ON IT.**

The Word of God is spiritual **food**. It is referred to as the **water**, the **milk**, the **bread**, and the **meat**.

People need to eat so they have **strength**. That is true spiritually as well.

Unlike regular food, the more I feast on the Word the **hungrier** I get. When I neglect to feast on the Word I begin to **lose** my appetite for it.

"Let the word of Christ dwell in your richly." Colossian 3:16

So how do we feed on the Word of God?

1. **HEAR IT.**

"Faith comes through hearing the word of God."

Ways to hear the Word of God...

Sermons Christian Radio Apps Listen as it is being read
Computer, Smart Phone

We forget **95%** of what we hear.

2. **READ IT.**

The average household in America has **4** Bibles,

Just hearing & reading The Word will **not automatically** result in life change. We are easily distracted.

3. **STUDY IT.**

When you study the Bible you use a **pencil** to **write** things down.

When you study the Bible you use your **mouth** to **talk** to other believers about what you are learning or to ask questions.

4. **REFLECT ON IT.**

Meditate = thinking about it. Reflecting on it. Chewing on it.

5. **REMEMBER IT.**

Memorize. There's a difference between remembering with your **mind** and remembering with your **heart**.

When we feed on the Word something starts to happen to my soul. Like a tea bag dipped in water, the water begins **absorbing** the color, flavor, aroma, and character of the tea.