

## SERMON NOTES

**Title: Fruit That Is Never Out of**

**Season: SELF-CONTROL**

**Text: Ga. 5:22-23; Pro. 25:28**

**Topic: Managing Your Mouth**

**Teacher: Pastor Barry**

**Time: 9/26/21 File Under: Devotional**



<sup>22</sup> But the Spirit produces the fruit of love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control. Galatians 5:22-23 (NCV) "A man without self-control is as defenseless as a city with broken-down walls." Proverbs 25:28

When I don't have self-control in my life, I'm vulnerable to \_\_\_\_\_ of problems. An uncontrolled \_\_\_\_\_ causes the most damage to our relationships.

Four keys to managing your mouth...

### 1. \_\_\_\_\_ **BEFORE YOU SPEAK** (Proverbs 16:23; 18:20)

T - \_\_\_\_\_

H - \_\_\_\_\_

I - \_\_\_\_\_

N - \_\_\_\_\_

K - \_\_\_\_\_

### 2. **ALWAYS SPEAK THE** \_\_\_\_\_ (Proverbs 10:10)

Dishonesty causes you come up with \_\_\_\_\_.

"An honest answer is the sign of a true friendship." Pro. 24:26 "In the end, people appreciate frankness more than flattery." Pro. 28:23

There is no \_\_\_\_\_ without truth.

### 3. **SPEAK THE TRUTH** \_\_\_\_\_ (Proverbs 12:18)

### 4. **ASK CHRIST FOR** \_\_\_\_\_

"Set a guard over my mouth, O Lord, keep watch over the door of my lips." Psalm 141:3 "Help me, Lord to keep my mouth shut!" TLB "The tongue is a flame of fire. It is full of wickedness and poisons every part of the body. The tongue is set on fire by hell itself and can turn our whole lives into a blazing flame of destruction and disaster. **But no human being can tame the tongue.** It is always ready to pour out its deadly poison." James 3:6,8

A mouth problem is really a \_\_\_\_\_ problem.

"What comes out of the mouth comes from the heart." Matthew 15:18 "Anyone who says he is a Christian but doesn't control his sharp tongue is just fooling himself, and his religion isn't worth much." James 1:26

The more your life is filled with \_\_\_\_\_ the more your life will be filled with... love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, (and) self-control